

**Alberta Deepening Practice Program
2017 – 2019**

APPLICATION FORM

Name

Gender

Age

City/Town

Hours' distance (by car) from either Calgary or Edmonton

Email address

Phone(s)

Practice history in this tradition:

Year you began practice

Number of 5 – 10 day residential retreats

Years and location

Number of residential retreats longer than 10 days

Years and location

Who have been /are your main teachers ?

Describe other spiritual traditions that have been important to you.

Describe your current daily/regular practice.

Describe any present or past condition of significant ill-health.

Describe any present or past condition of significant psychological or mental ill-health.

Is there any condition or situation that might challenge your commitment to complete the program?

Please describe your interest in and motivation to participate in this program.

Any other information you would like to express to Heather.

Please print out this form (you might need to make more space for some of your answers), write your answers by hand (only type if your writing is hard to read).

Please either: scan completed Application Form and attach to an email to heathermartin.49@gmail.com.

Or: mail completed Application Form to:

Heather Martin, 184 Hillcrest Drive, Salt Spring Island, B.C. V8K 1Y4

Deadline to receive these applications is JULY 1, 2017.

Heather will confirm places in the program by **JULY 15, 2017** and notify everyone by email.

The world will thank you for your interest in exploring the Dharma more fully in your lives.

Heather Martin